

DEJA “TRUE”

“This is my body which is given for you. Do this in remembrance of me.” (Luke 22:19-20)

“So as from one point to another, they go on making it (Truth) known to the world, others call them original and wonderful, but they know that they are remembering.” (Esoteric Philosophy. Pg. 67:3)

Each of us, in our lives, has had that “Déjà vu” experience of remembering a time or place, a person, situation or circumstance that seems uncanny in its familiarity to us. We can’t quite put our finger on it, but we know that we have been somewhere before, done something before, or already know a particular person whom we have just met. What we are experiencing is the activity of our minds reaching back into the body of our affairs through many lifetimes. It is remembrance of something that we have a connection to, even when we cannot identify it in a concrete and tangible way.

This kind of mental remembrance serves as but a shadow, a mere reflection of the exalted Sacred Memory that we all have access to when we turn to It. This memory cannot be recalled with our human mind, but only with our True Heart, our Sacred Heart. Like the physical heart, our Sacred Heart possesses a rhythm that, when identified and surrendered to, restores us to our native state, our Godness. We cannot look for our Sacred Heart for it has never been absent from us. We can only look AT it knowing that when we give more attention to the Truth than we do to the facts in life, the Truth is exposed and the Sacred Heart rhythm becomes, once again, the cadence of our being. Before time began, before we took form and before the world was made, the Sacred Heart was beating in us as the Presence of Immortal Mind.

The book of Genesis shows forth the beating Heart of Original Mind in Its pristine, unadulterated state: God being God in all of Its magnificent splendor.

“Let it be” created the entire Universe and imbued every molecule with the Sacred Heart rhythm. The rest of the Bible, to a large extent, describes man’s journey through the struggle and bondage of mental “cardiac arrest” until Jesus brought the Light of Remembrance and every soul could be returned to its “home point” through the Revelation announced by St. John.

It is the consciousness of Mary, the Holy Mother, that most intimately illustrates the spiritual lifeline which the Sacred Heart offers each one of us. Her remembrance of who (and whose) she really was became a point-of-entry for Christ to be made flesh and enter the earth. The purity, innocence, faith, courage and non-attachment in the world came through her and exposed Sacred Heart memory. Even in portraits, sculpture and other artistic renditions, the Heart of Mary is exposed. Bringing forth her own Sacred Heart remembrance created in her a “fit vessel” for Christ to enter onto and into the earth as Jesus.

As with Mary, so it is with us. The rhythm of the Sacred Heart is our spiritual homing beacon. It is the subtle, yet steadfast command of our Sacred Heart that is our timeless, changeless, unmovable connection to our eternal inner Christ. When we give our attention and intention to this central part of our being, we remember “let it be,” we remember inspiration and intuition, we remember grace and ease, we remember Truth.

The memory of the Sacred Heart makes us like Jesus Christ. Jesus never gave anything new, but through His life and sacrifice, revealed Truth by remembering and causing others to remember what they are, were and always will be. “Do ye not know that ye are gods?” (John 10:34) When we surrender to that beating Heart of the Sacred we can say, as Mary did, “Behold, I am the servant of the Lord, let it be done to me according to Your Word.” (Luke 1:38)

Emma uses the apt term “intuitional memory” to describe the process of cultivating the Sacred Heart Presence that resides in us. It is not the data bank of our minds, nor is it the facts or experiences stored away relative to this lifetime or any other. Intuitional memory is the remembrance of and in our Sacred Heart. The fruit of this exalted remembrance is exposed as genius, as Christ on earth, as miracles, and as irresistible attraction. “Come to me, all who labor and are heavy

laden, and I will give you rest.” (Matt 11:28). The Sacred Heart residing in us all is a pulsing beacon, shedding Light and Life on all who would turn their spiritual eyes toward It. It is the memory of Changeless Truth placed into us before there was matter, before there were facts, before there were conditions.

Even now, we all have moments of “Deja True” that show forth our Godness, certify Reality in us, and draw us ever nearer to our “Home Point.” Even though our physical bodies have evolved with head placed above heart, our eternal spiritual body establishes Sacred Heart above subservient mind forever. Look toward, look toward, look toward and be restored!